# Module 12: Pediatric and Adolescent Health

### **Facilitator Notes**

This module takes 3 hours to deliver online. In this module students learn that pediatric nursing is a specialty that provides neonates and children up to adolescence with access to medical care in either a hospital or day clinic. The pediatric nurse works therapeutically with family members to address their concerns and to provide effective options to maintain quality of care and safety.

## **Student Guide/Materials**

Huckleberry, M. and Wilson, D. (2019). WONG'S Nursing Care of Infants and Children, 11<sup>th</sup> Ed. Mosby Elsevier: Missouri.

### Skill Assessment

In this module students will be assessed for the following skills:

- Communication
- Clear understanding of diverse cultures
- Problem-solving
- Organizational skills
- Patience, tolerance and calmness
- Empathetic, caring and supportive
- Knowledge of body systems and anatomy

## Learning Activity

With a partner carry out a head-to-toe assessment on a pediatric training manikin. Provide a rationale for each part while noting your findings.

#### Clinical Scenario 1

11-year-old Matthew had two fainting episodes at school and was brought to the clinic by his mother.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

#### Clinical Scenario 2

13-yar old Julie has asthma. Her father has brought her to the clinic because she wants to join dance class and he is concerned.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

### Clinical Scenario 3

10-year-old James fell off his bike and hit his abdomen. You have been assigned to assess James.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station