# Module 10: Obstetrics/Maternal Newborn

### **Facilitator Notes**

This module takes 6 hours to deliver online. In this module students learn that obstetrics/maternal/newborn is a nursing specialty that involves caring for women throughout their pregnancy, childbirth, and care for newborn children.

### Student Guide/Material

James, E.S., James, S. R. and Murray, S.S. (March 22, 2017). *Maternal-Child Nursing*, 5<sup>th</sup> Ed. Elsevier-Health Division, Amsterdam.

### Skill Assessment

In this module students will be assessed for the following skills:

- Cultural awareness
- Professionalism
- Attention to detail
- Critical thinker
- Compassionate
- Excellent time management
- Communication

## Learning Activity

Using flash cards, engage your partner in identifying the four stages of labour. Draw an anatomical illustration to demonstrate your understanding.

#### Clinical Scenario 1

Mrs. Vex is a 37-year-old "gravida 1 para 0 at 38 weeks of gestation" admitted to labour and delivery at 2:30 a.m. Mrs. Vex is concerned about back pain. You are assigned to assess the client.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

### Clinical Scenario 2

A 37-year-old mother brought her 4-week-old baby boy with persistent yellow eyes and irregular sleeping pattern to the hospital. You are the assigned nurse.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

#### Clinical Scenario 3

A 25-year-old woman in her second trimester presented with pressure in her back and light painless bleeding. You are the assigned nurse.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station